



SOMT Summer Coaching Clinic

July 29-30, 2023

Great Falls High School, Great Falls, MT

Maximum 70 participants. First-come, first-serve basis. Use the online registration to register. It is available at this link— <https://forms.gle/xasS8397C73Y4nLt7>

Contact SOMT Sports Director, Bill Polk, at bpolk@somt.org, with any questions.

Purpose of Coaches Clinic:

Special Olympics Montana seeks to provide coaches with—

- The means to become a certified coach or recertify as a certified coach.
- The opportunity to learn sport skills through hands-on training experiences.
- The knowledge to provide competitors with—
 - A high-level training experience, to prepare them for games.
 - Knowledge of healthy living choices.
 - Knowledge of how to incorporate fitness in their daily lives.
- Knowledge of SOMT programs and opportunities.
- An enjoyable experience meeting, learning, and socializing with other SOMT coaches from around Montana.

Current Schedule: *subject to change, updates will be published and shared*

Time	Location	Event	Event Description
Saturday, July 29, 2023			
9:30a	GFHS Auditorium	Attendee Check-in	Attendees arrive and check-in.
10:30a	GFHS Auditorium	Welcome and Overview	Attendees will be welcomed and provided with the layout for the weekend.
11:00a	SC 108 (Option A)	Coach General Session	This session will cover coach basics, including protective behaviors, code-of-conduct, coach description, etc.
11:00a	SC 109 (Option B)	Health and Fitness Programs and Opportunities	This session will share information about many of the opportunities available for SOMT athletes, including Fit 5, Fitness Classes, Med Fests, etc.
11:45a	GFHS – HUB Cafeteria	Break and Lunch	Lunch will be provided
1:00p	SC 108 (Option A)	Basics of First AID	This session will include information about treating common sports injuries
1:00p	SC 109 (Option B)	MHSA and Special	This session will cover the Unified Track partnership



		Olympics Montana Unified Sports Partnership Overview	between MHSA and SOMT and any potential future unified high school sports opportunities.
2:00p	Break	n/a	This will be a break for attendees to move to their chosen sports session.
2:30p	Memorial Stadium (Option A)	Athletics (Track and Field) Session Dynamic warm up/training tips	Attendees will be able to participate in hands-on athletics training. Attendees will be participating on the track. Please bring athletic wear attire.
2:15p	Swarthout Fieldhouse - Pool (Option B)	Swimming Session	Attendees will be able to participate in hands-on swimming training. Attendees will be swimming in the pool. Please bring a personal swimsuit that fits SOMT swimsuit guidelines. Changing and showering rooms will be available.
3:30p	Memorial Stadium (Change to shot put at 4:00)	Mini-Jav	Attendees will have the chance to participate in hands-on Mini-Jav training. Topics covered will be the grip, steps, and release. Please bring athletic wear attire
3:30p	Memorial Stadium (Change to Mini-Jav at 4:00)	Shot Put	Attendees will have the opportunity to participate in hands-on training in shot put. Topics covered will be the power stance and hip rotation. Please bring athletic wear attire
6:00pm/TBD	Centene Stadium	Great Falls Voyagers Baseball Game	Attendees will have the opportunity to attend a Great Falls Voyagers Semi-Professional Baseball Game. Ticket entry and meal covered for each attendee.
SUNDAY, July 30, 2023			
9:00a	GFHS Auditorium	Welcome and Overview	Attendees will be welcomed and receive the overview for the day.
9:15a	GFHS Auditorium	LETR	Attendees will get an overview of LETR

9:30a	GFHS Auditorium	SO Learn and Technology Overview	Attendees will receive an overview of the online training platform for concussion and protective behavior training and a look at the future of technology at SOMT.
10:00a	GFHS Auditorium	Divisioning and tourney set up	This session will break down the divisioning process and the importance of accurate scores.
10:30a	GFHS Auditorium	Athlete Leadership Overview	Attendees will have the opportunity to discover leadership opportunities available for their athletes.
11:00a		BREAK	
11:30a	SC 108 (Option A)	Unified Basketball Competitive Model vs Player Development Model	This session will address the competitive model for Unified Basketball. Attendees will receive information about how SOMT would like this to look.
11:30a	Memorial Stadium (Option B)	Bocce Session	Attendees will be able to participate in hands-on training in bocce. Attendees will be required to participate hands-on. Please bring athletic wear attire.
12:30p	GFHS HUB Cafeteria	Final wrap up coach thanks	Attendees will receive appreciation from SOMT for their dedication to the athletes and programming.

Logistics:

- SOMT will provide attendees with lunch both Saturday and Sunday, as well as dinner and an activity on Saturday evening. See schedule for details.
- SOMT will provide snacks and refreshments throughout the training sessions.
- SOMT will have hotel rooms available on Saturday evening.
 - Coaches willing to room with another coach of the same gender (unless legal spouse), by name choice or random selection, will have lodging provided by SOMT at the Comfort Inn- Airport, in Great Falls, MT.
 - A hotel breakfast will be available.
 - Coaches who wish to have their own rooms or choose to plan their stay elsewhere will not have lodging costs covered by SOMT.
- SOMT will not cover travel costs incurred, see details below.

Attire:

- Casual attire is acceptable for training sessions and activities.
- Active attire is required for hands-on sports training sessions.



- Bring swimsuits if swimming is your chosen sport.
- All sporting equipment will be provided.

Costs:

- Attendees will be responsible for covering transportation costs, lodging costs not covered by SOMT, and any excess costs outside of the materials and meals provided.
- There will be no registration costs associated with this event.