

Bike Inspection Checklist

Frame

- ___ Look at the frame to make sure there are no dents, kinks, cracks, or other damages.
- ___ Look for large patches of rust which could weaken the frame.
- ___ Check that the parts of the frame are securely attached to each other and to the wheels, seat, front fork, and handlebars.
- ___ Check for looseness in the seat, handlebars, and front fork.
- ___ Check the seat height. For young cyclists, the rider should be able to sit on the seat and just reach his feet to the ground.
- ___ Is the handlebar in line with the front wheel?

Tires and Wheels

- ___ Are the tires properly inflated?
- ___ Do the tires still have good treads and no visible bulging or other damage?
- ___ Do the wheels spin freely without wiggling? Does it stay aligned when spun?
- ___ Are there any missing spokes or are any spokes damaged?

Brakes

- ___ Test the brakes to see that they stop a spinning wheel quickly without slipping.
- ___ While applying the brakes, try to move the bike forward. It should not move.
- ___ For hand breaks, look at the brake pads. They should have at least 3/16 of an inch of rubber remaining and they should meet the rim squarely, not at an angle.
- ___ For hand breaks, you should not be able to squeeze them all the way to the bottom. They should have some reserve left when the brake is completely engaged.

Crank and Chain

- ___ Does the crank turn freely and without wiggling?
- ___ Are the pedals firmly attached?
- ___ Is the chain lubricated? Also check it for rust.
- ___ If the bike has gears, does it shift freely?

Inspector Information:

Name: _____

Company: _____

Phone Number: _____

Date: _____

Signature: _____

Athlete Information:

Name: _____

Delegation: _____