

Score Submission Guide

Helpful tips and guidance to ensure the best and most accurate scores for your athletes and unified partners are submitted for competition

A. Which scores to submit

- a. Athletics- Average of best three scores
- b. Bocce- The best 9 balls from each team member, so the total of the 18 best balls for a doubles pair. See “How to Score Bocce” sheet for details
- c. Cycling- Average of best three scores
- d. Golf- Average of best three scores
- e. Gymnastics- Level at which competition the athlete will be competing
- f. Soccer- Individual skill score for each team member. Best three scores for skills
- g. Swimming- Average of best three scores
- h. MATP- No submitted scores required
- i. For Area-level sports not mentioned above, consult your Area’s competition director for which scores to submit

B. Which times, distances, and scores units to use

- a. Athletics-
 - i. Throws/Jumps- Meters and centimeters
 - ii. Runs/Walks/Rolls- Minutes and seconds
- b. Bocce- Meters and centimeters
- c. Cycling- Hours, Minutes, and seconds
- d. Golf-
 - i. Course play- Total competitor strokes taken, divided by par of number of holes on practice course
 - ii. Individual skills- Points
- e. Gymnastics- No units of measurement required to be submitted with levels
- f. Soccer-
 - i. Team play- Number for each team member
 - ii. Individual skills- Number for each individual. Points and minutes/seconds used at stations
- g. Swimming- Minutes and seconds
- h. MATP- No submitted scores required
- i. For Area-level sports not mentioned above, consult your Area’s competition director for which scores to submit

C. How to account for score increases between registration and competition

- a.** It is common to see competitor scores increase between registration and competition. If these scores increase too much, a competitor could be flagged by the Maximum Effort Rule
- b.** There are a couple options and decisions that can be made to address the above issue
 - i.** Coaches can be sure to practice the required 8 weeks and 10 hours
 - ii.** Coaches can be sure to submit the most accurate and honest scores, possible, for each competitor
 - iii.** Coaches can improve the submitted scores on a registration form by 5-10%, or more, before submission to SOMT. This could vary depending on how each competitor performs in practice compared to competition. This is optional and may not work for all teams.
 - 1.** If utilizing this approach, coaches need to find the balance between improving the score too little and too much. Too little, the competitor could be flagged by the Maximum Effort Rule; too much, the competitor could be placed in a division far above their ability level, creating poor competition
 - 2.** This option has been utilized with high success by delegations around Montana