Score Submission Guide

*Helpful tips and guidance to ensure the best and most accurate scores for your athletes and unified partners are submitted for competition*

**A. Which scores to submit**

a. Athletics - Average of best three scores  
b. Bocce - The best 9 balls from each team member, so the total of the 18 best balls for a doubles pair. See “How to Score Bocce” sheet for details  
c. Cycling - Average of best three scores  
d. Golf - Average of best three scores  
e. Gymnastics - Level at which competition the athlete will be competing  
f. Soccer - Individual skill score for each team member. Best three scores for skills  
g. Swimming - Average of best three scores  
h. MATP - No submitted scores required  
i. For Area-level sports not mentioned above, consult your Area’s competition director for which scores to submit

**B. Which times, distances, and scores units to use**

a. Athletics-  
   i. Throws/Jumps - Meters and centimeters  
   ii. Runs/Walks/Rolls - Minutes and seconds  
b. Bocce - Meters and centimeters  
c. Cycling - Hours, Minutes, and seconds  
d. Golf-  
   i. Course play - Total competitor strokes taken, divided by par of number of holes on practice course  
   ii. Individual skills - Points  
e. Gymnastics - No units of measurement required to be submitted with levels  
f. Soccer-  
   i. Team play - Number for each team member  
   ii. Individual skills - Number for each individual. Points and minutes/seconds used at stations  
g. Swimming - Minutes and seconds  
h. MATP - No submitted scores required  
i. For Area-level sports not mentioned above, consult your Area’s competition director for which scores to submit

Questions? Contact the SOMT Sports Department at 406-216-5327
C. How to account for score increases between registration and competition

a. It is common to see competitor scores increase between registration and competition. If these scores increase too much, a competitor could be flagged by the Maximum Effort Rule

b. There are a couple options and decisions that can be made to address the above issue

i. Coaches can be sure to practice the required 8 weeks and 10 hours

ii. Coaches can be sure to submit the most accurate and honest scores, possible, for each competitor

iii. Coaches can improve the submitted scores on a registration form by 5-10%, or more, before submission to SOMT. This could vary depending on how each competitor performs in practice compared to competition. This is optional and may not work for all teams.

1. If utilizing this approach, coaches need to find the balance between improving the score too little and too much. Too little, the competitor could be flagged by the Maximum Effort Rule; too much, the competitor could be placed in a division far above their ability level, creating poor competition

2. This option has been utilized with high success by delegations around Montana