



2019 State Summer Games Information Packet

May 14th-17th, Great Falls, Montana



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Introductory Information

Hello Special Olympics Montana fans,

We're very excited to have State Summer Games back in Great Falls for 2019, with the 50th Anniversary of Special Olympics Montana in 2020 being the final year. With your support, we look forward to hosting two more memorable years in Great Falls.

This informational packet is intended to provide the necessary information to assist you with your State Summer Games registration. If you have any questions about the information provided in this packet, do not hesitate to let us know.

Thank you all for everything you do.

SOMC SPORTS DEPARTMENT

→ IMPORTANT STATEMENT TO ALL TEAMS ←

Leaving venues messy and “trashed” is **NOT ACCEPTABLE**. In order to preserve relationships with venues for future use, we need to respect all venues used for games. All venues will have plenty of opportunities and facilities available to discard leftovers and trash, so please clean-up after your own delegation.

Roles available:

Athlete
Coach
LPC
Area Director
Volunteer
Unified Teammate/ Partner

For all sports- to access coaching guides, rules, and links to national governing body rules of competition go to:
http://www.specialolympics.org/Sections/Sports-and-games/Sports_and_Games.aspx?source=QL

Significant Changes to 2019 State Summer Games

- Assisted swimming events have been moved from the beginning of competition to the end.
- Triathlon has been removed as an official State Summer Games offered sport.
- Athletics races 800M and longer (walks and runs) have been moved from Friday to Thursday. All races 800M and longer have maximum time requirements to qualify for entrance. See athletics section for more information.



Other Games Information

- There will be no lunches delivered Wednesday and Thursday. All lunches will need to be picked up at Centene Stadium. Friday, lunches will be delivered to athletics at Great Falls High.
- It is strongly encouraged that all athletes bring reusable water bottles, as disposable plastic bottles will only be available on a limited basis. Reusable water bottles will also be given out at team check-in Tuesday evening.
- To find competition venues, use the addresses provided in this packet. Printable venue maps will be available and shared in the coaches handbook before games.
 - Observe all signs at the venues, included parking/no parking signs. These areas are preplanned between the venue and SOMT, and those signs need to be adhered to.
- The summer games webpage will be updated when new information is available. All essential resources are available there.
 - SOMT website address: <http://somt.org/state-summer-games/> .
- The LETR BBQ, traditionally held on Tuesday evening, will not be occurring this year. If you have attended in the past, please plan on making alternate plans for dinner that evening.
- Video recordings of events and finishes: Videos may be used as evidence in the case of a protest, as needed, but do not necessitate the acceptance of the protest or changing of results.



Sport-to-Event Ratio Rules

For the 2019 State Summer Games, the following rules regarding the amount of sports-to-events will be enforced as follows for ALL athletes and unified partners:

1. Athletes and unified partners will only be allowed to participate in **ONE** sport per day.
 - a. Within that sport, an athlete may not register for more than **two** events per day, depending on sport. Some sports will only allow athletes to do **one** event per day. For questions, see the following rule and specific sport information later on in this packet.
 - b. AT MAXIMUM, athletes may do **two** sports and **two** events within each sport, available exceptions listed below.
2. Specific rules as follows:
 - a. **Athletics:** Competitors may sign-up for up to **four** events in athletics, with no more than **two** in one day. Relays **do not** count towards a competitor's total events, so with a relay added, up to five events are possible. If competitors sign-up for **three or more** events within athletics, they **may not** compete in another sport.
 - b. **Bocce:** Both traditional and unified doubles will count as one event each. An athlete who participates in bocce, whether they compete in both or only one of the doubles events, may only sign-up for **one** more sport, with **two** events within that sport.
 - c. **Cycling:** Competitors may only sign-up for **two** events.
 - d. **Equestrian:** Competitors may only sign-up for **two** events. Drill teams **do not** count towards an athlete's event total, so with a drill-team added, up to three events are possible.
 - e. **Golf:** Competitors may only sign-up for **one** event, which will count as **one** sport, **two** events.
 - f. **Gymnastics:** Competitors may only sign-up for **two** events.
 - g. **Kayaking:** Competitors may only sign-up for **two** events.
 - h. **MATP:** Competitors participating in MATP will not be allowed to participate in other sports without the prior knowledge and consent of the SOMT sports staff.
 - i. **Powerlifting:** Competitors may sign-up for all **three** events, if desired. If signed-up for bench-deadlift, competitors will be automatically entered in the double combo. If signed-up for bench-deadlift-squat, competitors will be automatically entered in the triple combo. The combos **do not** count towards athlete's total events. Regardless of lifts entered, participating in powerlifting will count as **one** sport, **two** events.
 - j. **Soccer:** Competitors may only sign-up for **one** event, which will count as **one** sport, **two** events.
 - k. **Swimming:** Competitors may only sign-up for **two** events. Relays **do not** count towards an athlete's total events, so with a relay added, up to three events are possible.

Sport	Max events can sign-up for	Counts toward athlete event total
Golf Soccer	1	2
Bocce Gymnastics Swimming Kayaking Equestrian Cycling	2	2
Powerlifting	3	2
Athletics	4	4



Sports, rules, and information

All events offered are listed

ATHLETICS

Notes:

- Athletes participating in assisted walk events must use a device. An assistant to support the athlete **DOES NOT** count as a device. A rope **DOES NOT** count as a device. Per Special Olympics International Rule 3.6.1, “Athletes must provide their own assisted devices. Assisted devices may consist of canes, crutches or walker.” This will be enforced and athletes without an assisted device will be disqualified.
- Athletes who are in a walking race, and are deemed to have run by the official, will be disqualified.
- Athletes may participate in up to *four* events in athletics, if it is their only sport.
- The relays at the end of the day on Friday do not count towards an athlete’s event total.
- We cannot guarantee start times for events, so if you need to leave early Friday, be conscious of that when signing up for events.
- There will be a designated team area for tents. For those locations, view the relevant venue maps.
- Unified relay teams will consist of 2 unified teammates and 2 athletes, no exceptions.
- Athletes may sign-up for a maximum of two throws. An athlete may sign-up for the following combinations—shotput/turbojav – softball/turbojav.
- Athletes may **NOT** sign up for both the running long jump and standing long jump.
- Athletics races 800M and longer (walks and runs) have been moved from Friday to Thursday.
- Races 800M or longer have maximum qualifying time for entrance into the event. See next page for time requirements.
- Coaches/assistants with a field pass may follow along the infield during an unassisted race, but may not be on the track at any point. The infield at CMR will be closed due to resodding.
- Similar to past years, athletics divisions will be, in general, run in numerical order, from Division 1 to the final division, whatever that number may be.
- Coaches are allowed to be on the track and assisting athletes during the 10M Coach Assisted Walk event.

Location: Wednesday/Thursday- CMR High School Football and Practice Field. 228 17th Ave NW
Friday- Great Falls High School Memorial Stadium and Practice Field. 1900 2nd Ave S

EVENTS ON NEXT PAGE





Dates, times, and events:

Wednesday, May 15th – 8:30 am- 12:30 pm

Softball Throw	Shotput- Men	Shotput- Women
Wheelchair Shotput- Men	Wheelchair Shotput- Women	Turbo Javelin

Thursday, May 16th- 8:00 am- 2:00pm---- Wheelchair and Jumps, 8:00am-10:30pm- Walks and Runs, 11:00am-2:00pm

800M Walk- maximum time to qualify- 9 minutes	Standing Long Jump
Running Long Jump	400M Wheelchair
10M Wheelchair	25M Wheelchair
100M Wheelchair	30M Manual Slalom
30M Motorized Slalom	50M Motorized Slalom
25M Motorized Obstacle	10M Coach Assisted Walk
10M Assisted Walk	200M Walk
25M Assisted Walk	400M Walk
1500M Run- maximum time to qualify- 12 minutes	800M Run- maximum time to qualify- 6 minutes

Friday, May 17th, 9:30 am- 3:30 pm

25M Run	25M Walk
100M Walk	100M Run
200M Run	400M Run
50M Walk	50M Run
4x100M Relay	4x100M Unified Relay
4x400M Relay	4x400M Unified Relay

Rules:

<https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Athletics-Rules-2018.pdf? ga=2.188591080.1346867185.1548452383-1782126096.1543949854>





BOCCE

Notes:

- Doubles and Unified Doubles bocce will be offered in 2019.
 - Traditional doubles bocce will be offered on Wednesday, May 15th.
 - Unified doubles bocce will be offered on Thursday, May 16th.
- There will be a designated team area for tents around the field.
- For 2019, bocce play will be scheduled in round robin format, opposed to bracketed format as in previous years. This is in response to the multitude of team scratches at registration in 2018, which led to bocce schedules not being released until the early hours of the day of competition. Awards will be calculated on total team wins, with total points scored as the tiebreaker. All teams will receive 2 games, as in previous years' competitions.
- For 2019, there will be a check-in/staging area. All bocce teams will be required to check-in, at a minimum, one half hour in advance of their division start time. For example, if a team's division is starting at 10:30, they must check-in at 10:00.
- Each unified doubles pair consists of 1 unified teammate/partner and 1 athlete, no exceptions.
- Athletes and unified teammates/partners may compete on only **ONE** doubles pair per day.
- When submitting scores for bocce, submit in *centimeters*.
 - See the "how-to-score bocce" document on how to submit scores for bocce.
- If athletes require the use of a ball cannon/ramp, denote that on the registration.
- All bocce games will have a 15 minute time limit. Games will end at the end of the frame in the 15th minute, or if one team reaches the scoring limit of 12 points in a game.
 - Train with your athletes to play prudently. This will allow the greatest amount of competition to occur.



Location: Paris Gibson School Football Field. 2400 Central Ave

Dates, times and events:	Wednesday, May 15 th	9:00am – 3:00pm	Traditional Doubles Bocce
	Thursday, May 16 th	9:00am – 3:00pm	Unified Doubles Bocce

Courts: As per the Special Olympics, Inc. rules the courts will have side and end walls. The side or end walls may be utilized during play for bank shots or rebound shots. They will be made with 2" or 3" pvc pipe. Courts will be 60'x12'.

Equipment: Bocce balls may be manufactured of wood or composition material and must be of equal size. Official tournament ball sizes may be from 107 millimeters (4.2 inches) to 110 millimeters (4.33 inches)

Field of play: There will be a roped off spectator area for coaches, families and athletes not competing. No one but athletes, unified teammates/partners and officials are allowed in the competition area.

Competition: Doubles pairs will be placed in 4 or 5 team divisions with round robin play. Awards will be calculated based on wins and total points scored.

Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Bocce-Rules-2018.pdf?_ga=2.159279738.1346867185.1548452383-1782126096.1543949854



CYCLING

Notes:

- Cycling will hold both road races and sprints at Montana ExpoPark.
- Be sure to register your athlete in the proper event. If an athlete rides a tricycle, they should not be entered in the traditional cycling events. Athletes registered in a cycling event, but who ride a tricycle, will be disqualified.
- Time trials will be run in thirty second to one minute intervals, one athlete at a time.
- All bicycles and tricycles will be required to undergo safety checks. Time and location TBD. Without a safety check and a marked bike from that safety check, a cyclist will not be allowed to ride.
- Athletes may only enter two events.
- The only vehicle entrance will be through the south (yellow) gate of Montana ExpoPark. See the map for details. Participants will be required to walk their cycles from the parking area to the start line. At no point will it be acceptable for vehicles to proceed from the parking area to any part of the competition area. For the safety of participants and volunteers, all other entrances will be barricaded and/or manned.
- The 500M Time Trial course has been redesigned. See map for details.



Location: Montana ExpoPark. 400 3rd St NW

Dates, times and events:

Thursday, May 16 th	9:00am – 12:00pm	Road Races
Thursday, May 16 th	1:00pm – 4:00pm	Sprints

Distances:

- 25K Road Race
- 10K Road Race
- 15K Road Race
- 5K Road Race
- 500M Time Trial
- 500M Tricycle
- 1K Time Trial
- 1K Tricycle

Rules:

<https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Cycling-Rules-2018.pdf? ga=2.159279738.1346867185.1548452383-1782126096.1543949854>



Equestrian

Notes:

- Athletes may only enter two events.
- Stalls will be available
 - Costs will be shared with delegations at a later date.
- Open practice/ride time will be available Wednesday, May 15th, with exact times shared later.
- Drill teams do not count towards an athlete's event total.
- **Equine Health Requirements for participation**
 - Health Certificate – issued within 30 days of the event, indicating the horse shows no signs of sickness and providing a temperature reading for each horse.
 - Recommended vaccinations- Eastern/Western Tetanus, Flu, Rhino, West Nile and Strangles
 - List all vaccinations on health certificate
 - Negative EIA (Coggins) test issued within 12 months of State Games

Location: Montana ExpoPark. 400 3rd St NW

Date and time: Thursday, May 16th 8:00am-4:00pm

Events:

Barrel Racing	Pole Bending
Showmanship at Bridle	Showmanship at Halter
English Equitation	Stock Seat Equitation
Working Trails English	Working Trail Stock Seat
4 Person Drill Team	Unified Drill Team of 2
Unified Drill Team of 4	



Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Equestrian-Rules-2018-v3.pdf?_ga=2.234752990.1346867185.1548452383-1782126096.1543949854

If you have additional questions about equestrian, contact SOMT VP of Sports, Jamie Wood, at jwood@somt.org.





GYMNASTICS – ARTISTIC

Notes:

- Athletes may only sign-up for two events.

Location: Great Falls Gymnastics Academy. 815 1st Ave North

Date and time: Wednesday, May 15th 12:00pm – 2:30pm
Note earlier start time for 2019.



Events offered:

Vault- Men	Vault- Women
Floor Exercise-Men	Level A Tumbling
Floor Exercise-Women	Level A Vault
Parallel Bars-Men	Level A Wide Beam
Balance Beam- Women	Level A Floor Exercise

Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Artistic-Gymnastics-Rules-2018-v2.pdf?_ga=2.234752990.1346867185.1548452383-1782126096.1543949854

KAYAKING

Notes:

- Athletes may only sign-up for two events.

Location: Wadsworth Park and Pond. 4620 Wilkinson Ln

Date and time: Wednesday, May 15th 12:00pm-3:00pm

Events offered: 200 meter race
200 meter unified race
500 meter race
500 meter unified race
200 meter unified double tourist kayak
500 meter unified double tourist kayak



Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Kayaking-Rules-2018.pdf?_ga=2.234752990.1346867185.1548452383-1782126096.1543949854



MOTOR ACTIVITY TRAINING PROGRAM

Notes:

- For the athlete who does not yet possess the skills necessary to participate in official Special Olympics sports or whose disability is more profound, the Motor Activities Training Program exists. MATP activities are highly adaptive and will provide every athlete the opportunity to experience success. Athletes who participate in MATP experience both the joy of adapted sports activity and the uplifting advantage of socialization with other athletes and volunteers.
- Athletes participating in MATP will not be allowed to participate in other sports without the prior knowledge and consent of the SOMT sports staff.



Date, time and location: Wednesday, May 15th 9:00am – 12:00pm Great Falls Central Catholic School. 2800 18th Ave S.

Events offered (athletes will compete in every event):

Email SOMT Sports Director, Scott Held, for exact instructions on how to setup and run MATP events.

10 meter walk/roll	Slalom Course
Soccer Ball Kick	Basketball Tub Shot
Golf Putt	Basketball Dribbling

For coaching guides, go to:

http://www.specialolympics.org/Sections/Sports-and-Games/Coaching_Guides/Motor_Activity_Training_Program.aspx

POWERLIFTING

Notes:

- Athletes will automatically be entered into the combo lifts if they participate in the appropriate lifts.
 - If an athlete signs-up for bench press and deadlift, they will automatically be entered in the double combo.
 - If an athlete signs-up for bench press, deadlift, and squats, they will automatically be entered in the triple combo.
- No matter how many events a competitor is signed-up for, powerlifting will only count as two events towards an athlete's event total.

Date, time and location: Thursday, May 16th 8:30am – 4:00pm Great Falls Central Catholic School. 2800 18th Ave S.

Events offered: Bench Press Dead lift Squats
 Combination (bench/dead) or Combination (bench/dead/squats)

Uniform: Singlets are mandatory.
 Refer to the link below for specific uniform rules and guidelines.



Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Powerlifting-Rules-2018.pdf?_ga=2.134496817.1346867185.1548452383-1782126096.1543949854



SOC CER

Notes:

- Athletes may sign-up for only one event. It will count as two events towards their event total.
- Each unified team must have AT LEAST two unified teammates/partners on the roster. There must be two unified teammates/partners on the field of play at all times, no more, no less.

Date, time and location:

Team Play	Wednesday, May 15 th	9:00am-3:00pm	University of Providence- Soccer Field
Individual Skills	Wednesday, May 15 th	12:00pm-1:00pm	University Campus- <u>1301 20th St S</u>

Events offered:

Individual Skills Competition
 5-a-side Traditional Team
 5-a-side Unified Team



Rules:

https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Football-Rules-2018-v2.pdf?_ga=2.134496817.1346867185.1548452383-1782126096.1543949854





SWIMMING

Notes:

- The final 5 events will not begin awards until the completion of the 15M unassisted swim. Those events are italicized.
*To note: assisted events have been moved from the beginning of the day, to the end.
- Relays do not count towards a competitor's event totals.
- Note: If you sign athletes up for back-to-back or closely occurring events, the possibility exists the athlete may miss an awards ceremony immediately following the heat. In the event an athlete will miss an awards ceremony, notify the volunteer division escort. Awards missed may be picked up following an athlete's final competition.
- There will not be a lunch hour.

Date/Time: Thursday, May 16th from 9:30am – 2:30pm

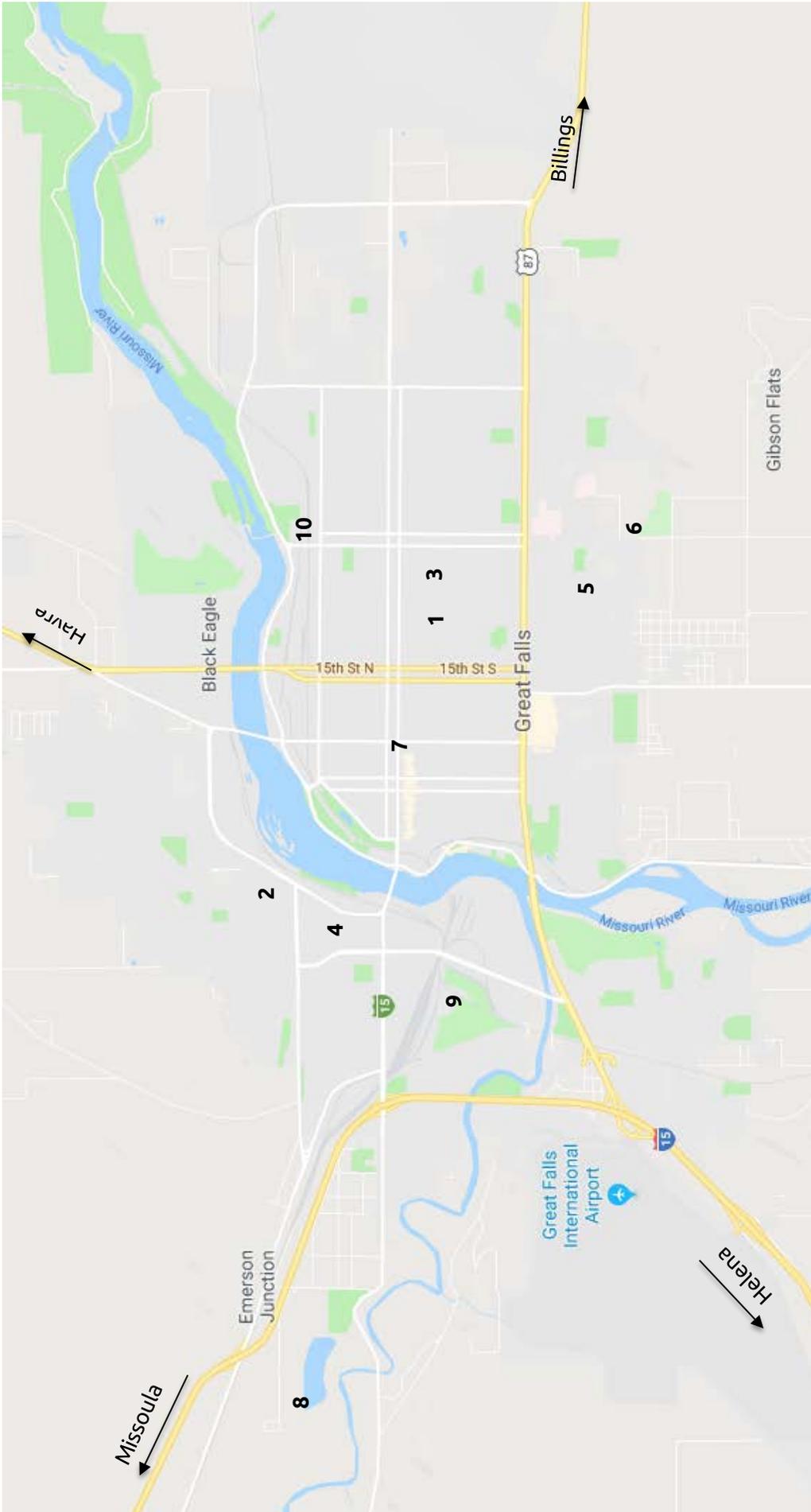
Location: Great Falls High School Pool- Swarthout Fieldhouse. 1900 2nd Ave South

Events (in order of how events will be run):

25M Backstroke
25M Breaststroke
25M Butterfly
25M Flotation Race
25M Freestyle
200M Freestyle
50M Backstroke
50M Breaststroke
50M Butterfly
50M Freestyle
100M Backstroke
100M Breaststroke
100M Freestyle
400M Freestyle
4X25 Freestyle Relay
4X25 Freestyle Unified Relay
4X50 Free Relay
4X50 Freestyle Unified Relay
10M Assisted Swim - with kickboard
10M Assisted Swim
15M Aquatic Walk
15M Flotation Race
15M Unassisted Swim



Rules: https://media.specialolympics.org/resources/sports-essentials/sport-rules/Sports-Essentials-Swimming-Rules-2018-v2.pdf?_ga=2.134496817.1346867185.1548452383-1782126096.1543949854



2019 State Summer Games, Great Falls, MT

City Overview Map

- | | |
|--|-------------------|
| 1- Athletics Friday, Swimming, Closing Ceremony, Nerve Center (F) | 7- Gymnastics |
| 2- Athletics Wednesday and Thursday | 8- Kayaking |
| 3- Bocce, Olympic Village | 9- Golf |
| 4- Cycling, Equestrian, Opening Ceremony, Team BBQ, Carnival/Dance | 10- Lunch pick-up |
| 5- Soccer, Team Check-in, Nerve Center (W/T) | |
| 6- Powerlifting, MATP | |

